What you will need to create this mask

One 44 inch length durable string or shoelace

One 6 x2.5 inch fabric for nose bridge

One 3.5 inch brass wire, bent edges

One bobbypin

Six 2 inch elastic or any material sewn into 2 inch durable strips

One 9x14 inch tightly woven cotton piece

Three 7x9 inch soft cotton pieces

Created by Delilah Marvelle

Take one of the 7x9 fabrics & place it between the 9x14 piece.

Fold over to create one three layer 7x9 piece. This will be the front facing part of the mask.

Sew all the three open sides as close to the edge as possible.

Center ironed, folded piece at the very top of the 7x9 sewn fabric. Measure about 2 inches on each side. Make sure it is lined up against the top.
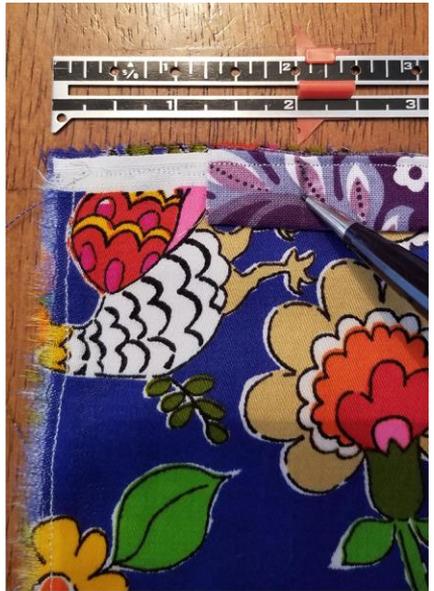

Clip into place to prep for sewing.

Stitch a straight line all the way down the 9 inch edge. Stay as close to the edge as possible to secure the piece into place while ensuring there is plenty of room to fit the bendable wire. The more room there is, the easier it will be to adjust and move the wire within the sleeve.
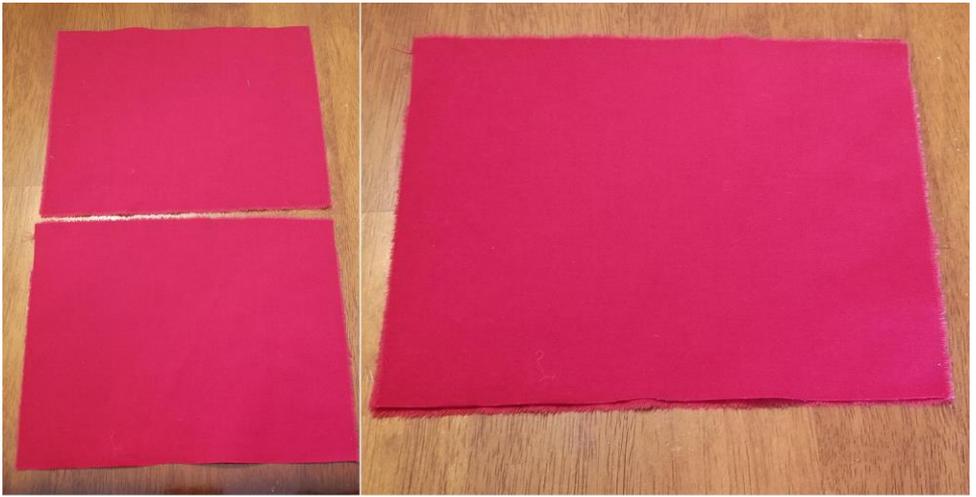
Once sewn, you will have a nice long seam across the top. Insert the wire into the open side of the sleeve created. Push it entirely through and center it within the sleeve.

Measure about two inches from each side of the sleeve and make downward straight lined marks with a pencil. Check that the wire is centered within the sleeve and doesn't come close to the marks you are making. The wire should have room to shift.

Follow your pencil marks and sew each just a touch past the fabric sleeve to secure the wire into place. Adjust and the bend the wire while you are sewing each side so it doesn't come close to your needle or stitch. Double reverse your stitching several times to provide a good casing for the wire.
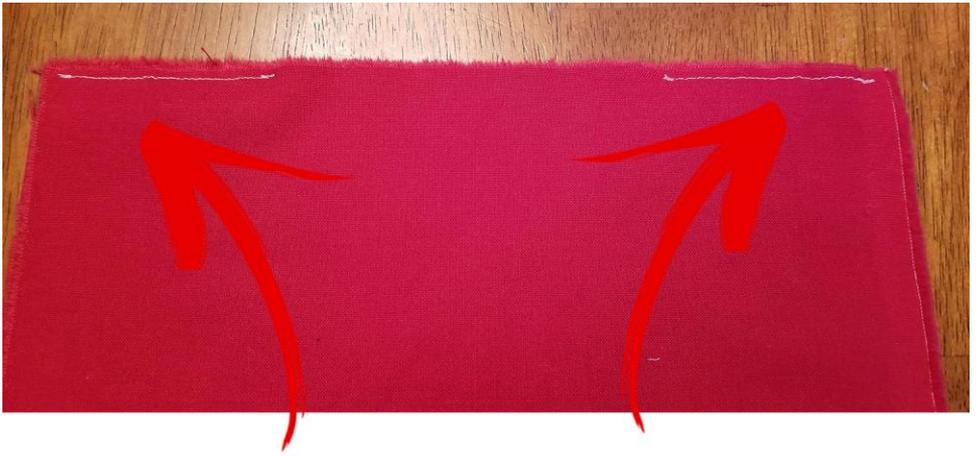
For the pocket filter, stack the two remaining 7x9 pieces. Have the interior of the fabric facing upward on each side as it will be turned inside out once sewing is finished.
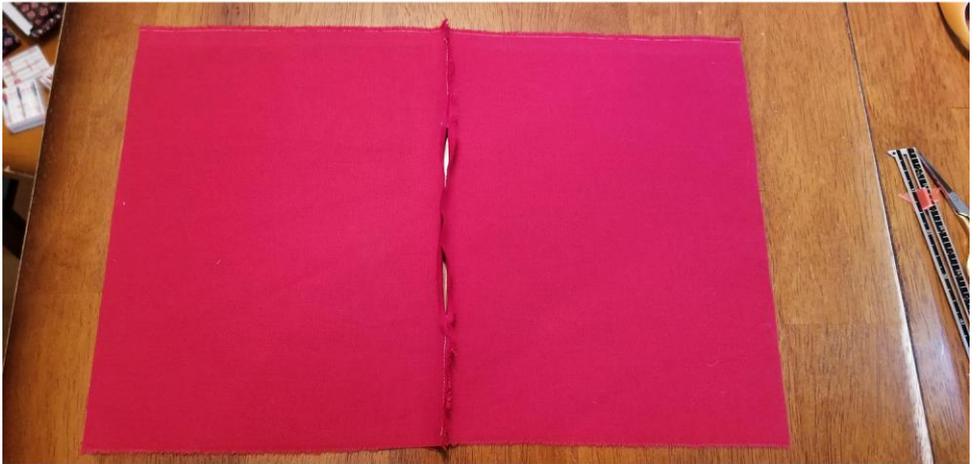

Starting from the top right corner of the 9 inch length of the stacked fabrics, measure and mark 2.5 inches inward. Mark the left side, as well.

Sew each corner up to the mark like shown.

Unfold, so that the frayed edges are up.

Seperate and flatten
the unsewn middle
edges, ironing it
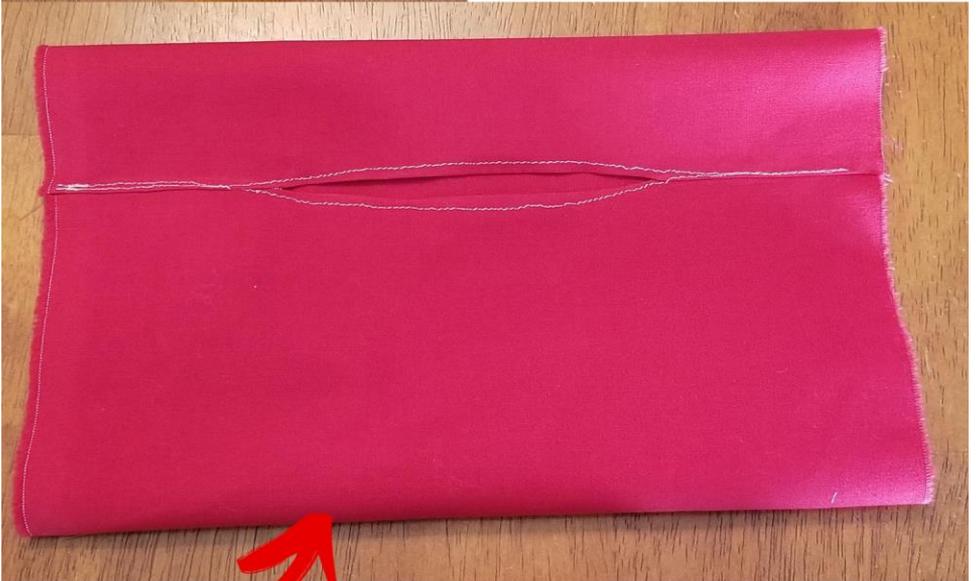flat which will prep it
for easy sewing.

**Sew downward, along the left seam,
then rotate the fabric when done and sew the
other side of the edge to create the final two
sewn edges as seen below.**

Sew down entire opposite edge

Fold in half, with
the frayed edges
showing and only sew the
opposite 9 inch edge.
Both 7 inch sides
should not yet be sewn.

Turn it inside out.

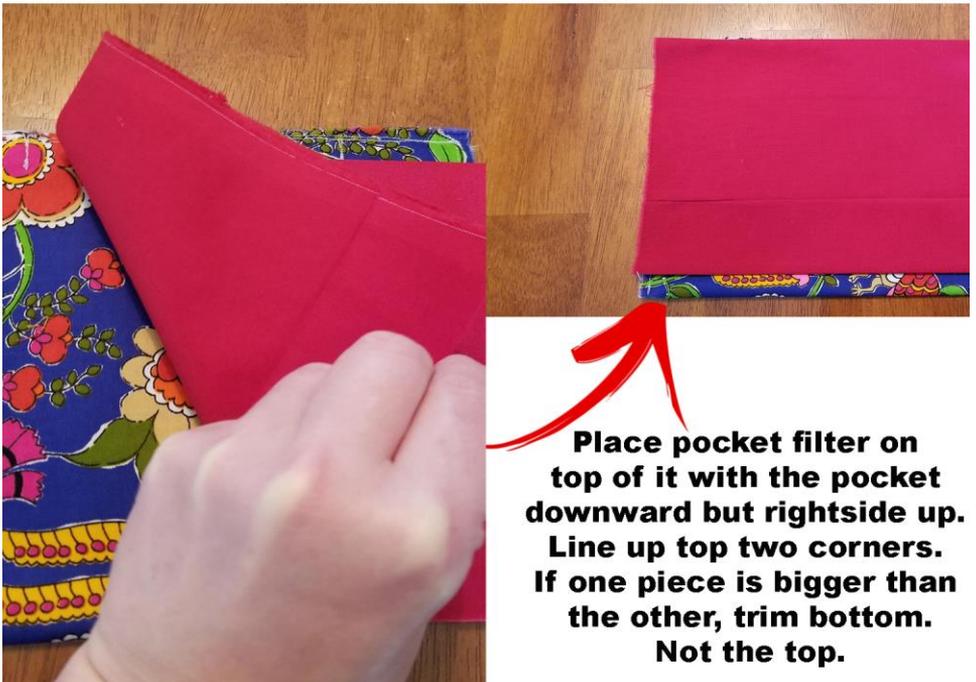**Adjust filter pocket to be positioned at about 1.5 inches from the top.**

Steam iron entire piece to flatten.

Don't worry about the inner seam bulking through. It will disappear once the mask is sewn together.

Flip your presewn 7x9 piece, so the nose wire sleeve is facing downward onto the table. The two sewn lines for the nose bridge should be visible.

Place pocket filter on top of it with the pocket downward but rightside up. Line up top two corners. If one piece is bigger than the other, trim bottom. Not the top.

Peel back top fabric. On one 7 inch side, use three elastic pieces. Fold each elastic in half and line up the clipped ends of the elastic against the edge so the loop faces inward. Measure one inch from the top and clip into place. Do the same for the bottom then center the middle elastic so it's all equal distance.
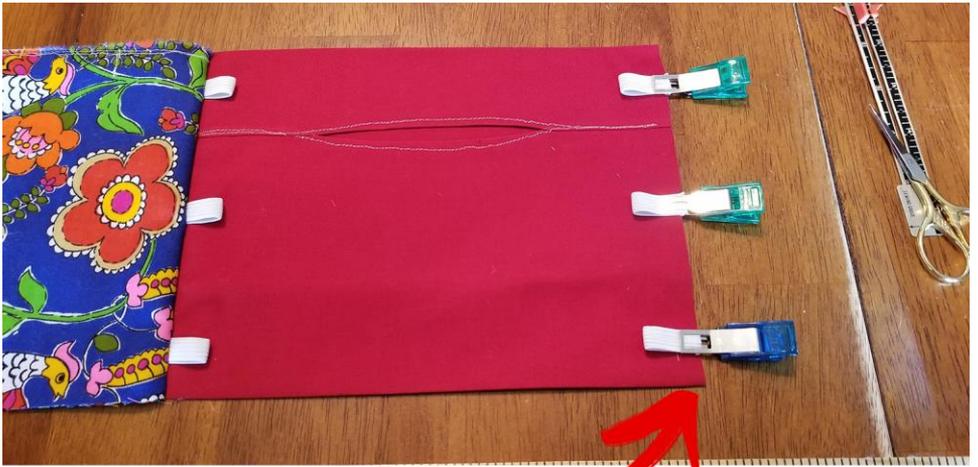

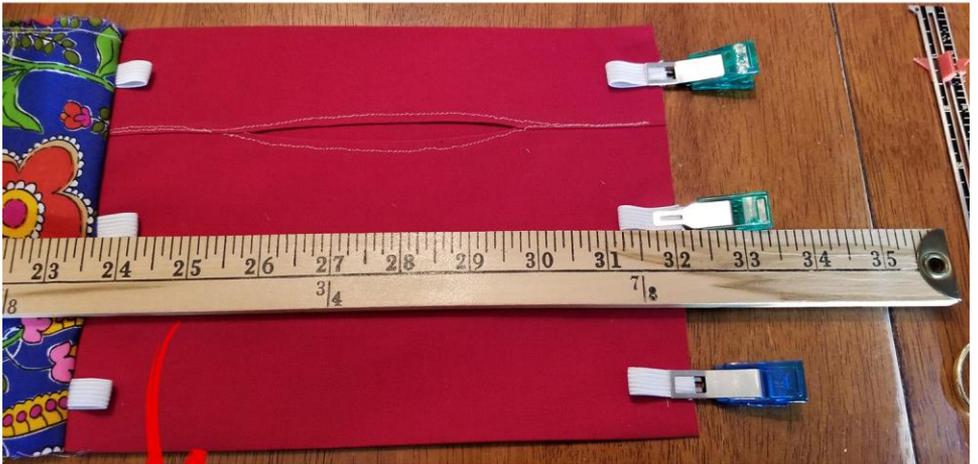**Clip top fabric into place, securing.**

Sew the 7 inch side. When removing clips, hold elastic in place so it doesn't shift. Reverse over each elastic to tightly secure and finish sewing along entire edge.
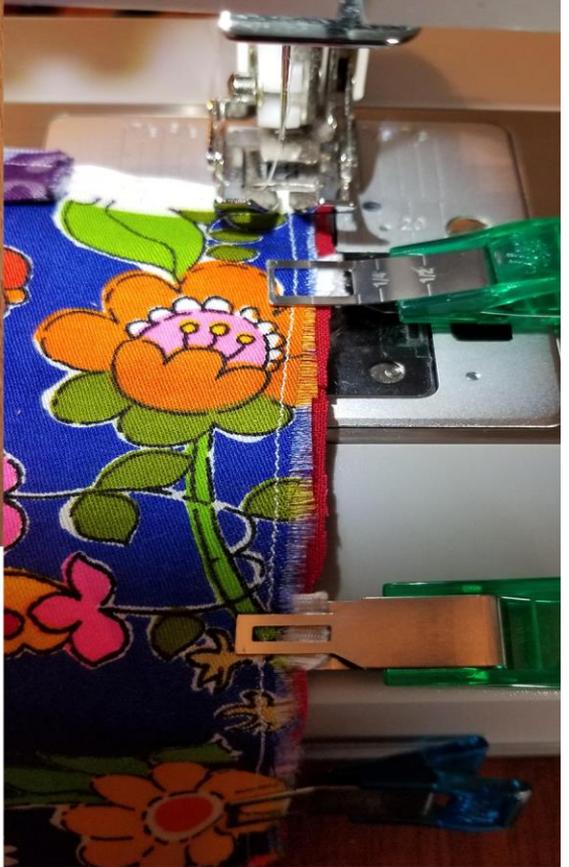

When one side is sewn, it will look like this.

Repeat process by clipping the remaining three elastics into place, loops facing inward.

Use a ruler to check if it's even.

Secure top layer over elastic and sew into place, repeating entire process.

Both 7 inch sides are now sewn with all 6 looped elastics in place. Remember, what you see is still inside out.

Clip the top layer to the bottom layer, ensuring they are perfectly lined up for sewing.

Starting from the top corner, sew down the entire length of the 9 inch top, following the original seam of the nose wire sleeve.

Moving on to the bottom of the 9 inch length, only stitch two inches on each side to allow for an opening similar to the filter pocket earlier made. This opening is necessary to turn the mask inside out.

Before turning the mask inside out, snip all four corners of the mask. Be careful not to cut any stitching. This will help push the corners out easier once it's turned inside out.
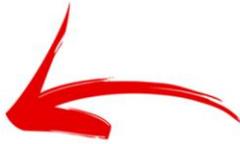
Turn the mask inside out using the small opening at the bottom of the mask. Tug at the elastics to flatten out and use an unsharpened pencil to guide into the inside edges of the mask to push out all corners.

Bend and push the entire wire as far from the upper edge as possible. Use clips to keep in place.

Using fancier stitching, sew down the entire 9 inch length of the top part of the clipped mask, staying as close to the edge as possible without sewing over the wire. This will secure one side of the wire and help further shape the mask.

Bend wire toward this top stitch

After the entire top is stitched, bend the entire wire again, pushing it upward toward the stitching.

Using a ruler, draw a straight line with a pencil from one stitch to the other for the nose wire. Make the mark visible enough to follow when sewing.

Again, bend the wire upward, away from the mark made.

Follow the mark with your needle to create a rectanglar stitching that will encase the entire wire. Check for the location of the wire as you slowly stitch around it. Shift the wire as needed.

The back of your mask will look like this.

**Clip the unstitched opening located
at the bottom of your mask for sewing.**

Stitch the entire bottom so there is no longer an opening. It is now ready for pleating! Yay!

With nose wire up, fold one pleat downward evenly. About 1 and 1/4 inch. Elastic loops should be flat.

Fold bottom upward about an inch. Clip into place.

Stitch down the entire side in a straight line about an inch inward, away from the thickness of the elastic. Sew each side of the mask. Double stitching for durability is recommended.

Attach bobby pin to the tied end of your shoe lace or the string or tie being used. It will be used like a needle to weave through each elastic loop easily.

Thread one end down through one side of the mask, and the other end down through the other side of the mask.

Done!
Stay safe.
I hope
this tutorial
was
helpful.
Pardon my
uneven
stitches :)

Cheers,
Delilah Marvelle